

Studio Policy – Twerk mama Studio

Welcome to Twerk mama! To ensure a positive and productive experience for everyone, please adhere to the following policies:

1. Punctuality

- **Arrive on Time:** Please arrive at least 5 minutes before the class begins. Late arrivals will be required to perform adapted exercises determined by the teacher before joining the rest of the class. This is to ensure minimal disruption and avoid injuries due to lack of warm-up.

2. Changing and Personal Belongings

- **Designated Area:** Change your clothing in the designated changing area. To maintain cleanliness, only bring valuables and a water bottle into the studio. Leave all outdoor clothing and personal items outside the dance room.
- **Responsibility for Belongings:** Twerk mama is not responsible for any loss, theft, or damage to personal belongings. Please keep your valuables with you at all times or securely stored in designated areas.

3. Footwear

- **Indoor Footwear Only:** Wear only indoor sneakers or socks in the dance room. Outdoor shoes are not permitted to maintain cleanliness and safety in the studio.

4. Attention and Focus

- **Stay Attentive:** Pay close attention during the explanation of techniques and choreography. This helps you to learn effectively and ensures a smooth and engaging class experience.

5. Studio Etiquette

- **Respect the Space:** Keep the studio clean and respect the equipment and facilities.
- **Positive Atmosphere:** Maintain a positive and supportive attitude towards fellow participants and instructors. Constructive feedback and encouragement are always welcome.
- **Health and Safety:** Inform the instructor of any injuries or health issues before class begins. Follow all safety instructions to prevent injury.

6. Personal Hygiene

- **Cleanliness:** Maintain personal hygiene and come to class in clean dancewear. This contributes to a comfortable and professional environment for everyone.

7. Parking

- **Parking Validation:** If you are using the underground parking facility, you can validate your parking ticket at the bar to receive the first 90 minutes free of charge. Be sure to validate your ticket before exiting the parking area.

By following these guidelines, we can ensure a fun, respectful, and effective dance class for all participants. Thank you for your cooperation and dedication to creating a positive studio environment. We cannot wait to dance together with energy and enthusiasm!